



OUR COMMUNITY GARDEN IS FLOURISHING

Our Community Garden is a great place where people can get engaged with nature, relax, meet other people, and get active helping with preparation, planting and harvesting activities.

We use natural agriculture techniques and don't use any fertilisers, chemicals or animal manure for the crops. It means our vegetables grow with pure soil, water and sunlight.

Kay, our community garden leader who joined us from Japan to help implement these traditional practices believes that "the soil is already perfect for growing crops, We can learn everything from nature".

Why not join the garden as a volunteer? We would love to welcome you and help you learn more about natural agriculture. Please get in touch via the following email:
enquiries@garonparkcic.com



NEW FLOODLIGHT 5-A-SIDE FOOTBALL CENTRE NOW OPEN

We are really pleased with one of our latest additions to the park and so are all the budding young footballers!

In an area that has been out of use for some time four new 5-a-side pitches that are floodlit and marked out for league games have been created. The area is also perfect for corporate hire, parties and of course block bookings for training,

Contact www.garon5asidecentre.co.uk for more info.



ALL WEATHER PLAY AREA RESURFACED

Thanks to grants from the Veolia Environmental Trust and the Norman Garon Trust we have been able to resurface our all weather play area by the Pitchside Cafe, making it much easier for children to enjoy our community green space without the mud!

The much requested fully inclusive wheelchair swing will also soon be in place!

DID YOU KNOW WE HAVE A YOUTH CLUB?

Youth clubs are great places for young people to meet other people and develop new skills such as team-working and partnering and for exploring new interests and hobbies. Do you know someone aged between 8 and 15 who could benefit from this? If so be sure to share the information about our Garon Park Youth Club (info on our website: www.garonpark.com). It meets every Wednesday from 6-8pm and is £3 a session. There is no need to book, they can just come along and join in!

FESTIVE FUN AS THE FAIRIES PLAN A RETURN FOR CHRISTMAS



As many of you will know the fairies paid Garon Park a visit during the summer and we were lucky enough to have a whole trail of their houses for people to explore.

So, watch this space because we have it on good authority that they will return for Christmas, Newly located in our Hive Nature School, we believe they will look splendidly festive and will be accompanied by other family friendly festive activities and refreshments..

Watch this space (www.garonpark.com) for dates and how to book and follow our instagram and Facebook accounts (@wellbeing_garonpark_cic) for updates.



CONTACT US

If you like anything you have read and would like to know more information please don't hesitate to contact us!

Wellbeing at Garon Park

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The Garon Park Shed

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Garon Park Youth

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The Hive Nature School, Garon Park

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Little Heroes

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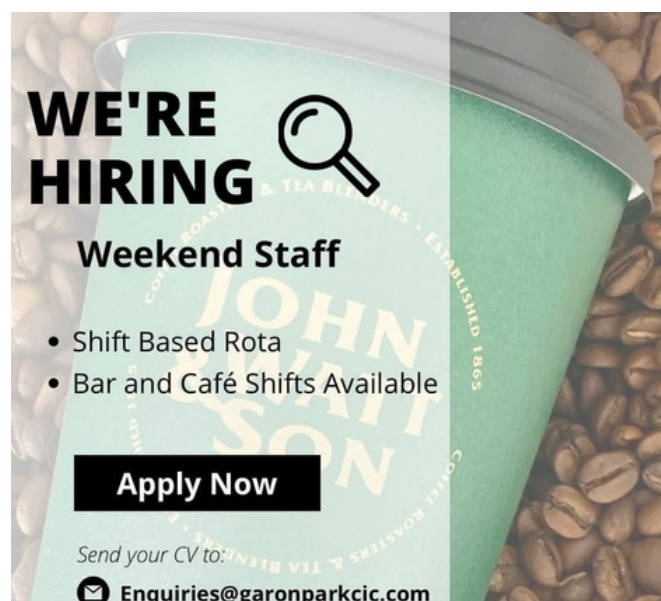
SUCET

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SUCET Youth Hub

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WE NEED YOUR HELP!!



WE'RE HIRING

Weekend Staff

- Shift Based Rota
- Bar and Café Shifts Available

Apply Now

Send your CV to: Enquiries@garonparkcic.com

